

PATRIARCHAL ENCYCLICAL  
FOR HOLY PASCHA

Prot. No. 270

† B A R T H O L O M E W  
BY GOD'S MERCY  
ARCHBISHOP OF CONSTANTINOPLE-NEW ROME  
AND ECUMENICAL PATRIARCH  
TO THE PLENITUDE OF THE CHURCH: MAY THE GRACE, PEACE AND MERCY  
OF CHRIST RISEN IN GLORY BE WITH YOU ALL

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Dearest brother Hierarchs and beloved children in the Lord,

Having arrived at Holy Pascha and becoming partakers of the joy of the Resurrection, we praise the Lord of glory, who trampled down death by death and resurrected with Him the entire race of Adam, opening for us all the gates of paradise.

The splendid Resurrection of Christ is the confirmation that what prevails in the life of the world is not death, but the Savior who abolished the dominion of death. Formerly known to us as the Word without flesh and subsequently as the Word who assumed flesh for us on account of love for humankind, who died as man and was risen with might as God, He is the Savior who will come again in glory to fulfil the Divine Economy.

The mystery and experience of the Resurrection constitutes the core of the ecclesiastical life. The radiant worship, the sacred mysteries, the life of prayer, fasting and ascesis, pastoral ministry and good witness in the world – all of these emanate the fragrance of Paschal joy. The life of the faithful in the Church is a daily Pascha, “a joy from above,” “the joy of salvation,” as well as the “salvation as joy.”<sup>1</sup>

This is why the services of Holy and Great Week are not gloomy but filled with the victorious power of the Resurrection. There, we discover that the Cross does not have the last word in the plan for the salvation of humankind and the world. This is foreshadowed already on the Saturday of Lazarus. The raising from the dead of Christ’s intimate friend is a prefiguration of the “common resurrection.” The hymn “Today is hung upon the wood [of the Cross]” comes to a climax in the invocation “Show us, too, your glorious Resurrection.” Before the Epitaphios, we chant “I magnify your Passion, I praise your burial, together with your Resurrection.” And during the Paschal service,

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<sup>1</sup> *The Journals of Father Alexander Schmemann 1973-1983* (Crestwood, NY: St. Vladimir’s Seminary Press, 2000), 137.

we resoundingly declare the true meaning of the Cross: “For behold, through the Cross, joy has come into the whole world.”

The “chosen and holy day” of Pascha is the dawn of the “eighth day,” the first-fruit of the “new creation.” The experience of our own resurrection, the great “miracle of my salvation.”<sup>2</sup> It is the lived affirmation that the Lord suffered and was led to death for our sake and that He rose from the dead for us “foreshadowing for us the resurrection for boundless ages.”<sup>3</sup> Throughout the Paschal period, we hymn with unparalleled poetry the anthropological meaning of the resplendent Resurrection of Christ, the Passover of humankind from slavery to genuine freedom, “the progression and ascension from below to the above and to the promised land.”<sup>4</sup> This salvific renewal in Christ is realized in the Church as a dynamic extension of the Eucharistic ethos in the world, as “speaking the truth in love,” as synergy with God for the transfiguration of the world, so that the world may be rendered an image of the fullness of the final revelation of the divine love in the Kingdom of the last times. Living in the risen Lord means proclaiming the Gospel “to the ends of the earth,” in the manner of the Apostles; it is the witness in practice of the grace that has appeared and the expectation of the “new creation,” where “death shall be no more, neither shall there be mourning nor crying nor pain any more.” (Rev. 21.4)

Faith in the Resurrection of Christ and in our own co-resurrection does not deny the painful presence of death, pain and the cross in the life of the world. We do not suppress the harsh reality or secure for ourselves, through faith, a psychological assurance before death. However, we know that the present life is not life in its entirety, that here we are “sojourners,” that we belong to Christ and that we are journeying to His eternal Kingdom. The presence of pain and death, no matter how tangible these may be, does not constitute the ultimate reality. That lies in the definitive abolition of death. In the Kingdom of God there is neither pain nor death, but never-ending life. “Before your precious Cross,” we chant, “death is terrifying for human beings; but after your glorious Passion, humankind is terrifying for death.”<sup>5</sup> Faith in Christ grants us power, perseverance and patience to endure trials. Christ is the one who “heals us from every illness and delivers us from death.” He is the one who has suffered for us and has revealed to us that God is “always for us” and that God’s love for us belongs intrinsically to God’s truth. This hopeful voice of divine love is echoed in Christ’s words to the paralytic “take courage, my child” (Matt. 9.2) and to the woman with the issue of blood “take courage, daughter” (Matt. 9.22), in His words “take courage; I have

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<sup>2</sup> Gregory the Theologian, *On the Holy Pascha*, PG 36.664.

<sup>3</sup> Gregory Palamas, *On the Holy Ascension*, PG 151.277.

<sup>4</sup> Gregory the Theologian, op. cit., 636.

<sup>5</sup> *Doxastikon* of the Vespers of September 27.

overcome the world" (John 16.33) before the Passion, and to the imprisoned Apostle of the Gentiles, threatened by death, "take courage, Paul" (Acts 23.11).

The present pandemic of the novel coronavirus has demonstrated how fragile we are as human beings, how easily we are dominated by fear and despondency, how frail our knowledge and self-confidence appear, how antiquated the notion is that death comprises an event at the end of life and that forgetting or suppressing death is the proper way of dealing with it. Limit situations prove that we are incapable of handling our existence resolutely, when we believe that death is an invincible reality and insurmountable boundary. It is difficult to remain human without the hope of eternity. This hope lives in the hearts of all doctors, nurses, volunteers, donors and all those generously supporting their suffering brothers and sisters in a spirit of sacrifice, offering and love. In this indescribable crisis, they radiate resurrection and hope. They are the "Good Samaritans" that, at the risk of their own lives, pour oil and wine on wounds; they are the modern-day "Cyrenaeans" on the Golgotha of those lying in illness.

With these thoughts, most honorable Hierarchs and dearest children in the Lord, we glorify the name of the Risen Lord which is above all names, the source of life from His own light, who illuminates the universe with the light of the Resurrection. And we pray to Him, the physician of our souls and bodies, who grants life and resurrection, that in His ineffable loving-kindness He may descend to the human race, in order to grant us the precious gift of health and direct our steps on the straight ways, to vouchsafe the divine gift of our freedom in the world, foreshadowing its perfection in the heavenly Kingdom of the Father and of the Son and of the Holy Spirit.

Christ is Risen!  
At the Phanar, Holy Pascha 2020  
† **Bartholomew of Constantinople**  
Your fervent supplicant to the Risen Lord

ΠΑΤΡΙΑΡΧΙΚΗ ΑΠΟΔΕΙΞΙΣ  
ΕΠΙ ΤΩΝ ΑΓΙΩΝ ΠΑΣΧΑ

Ἄριθμ. Πρωτ. 270

† ΒΑΡΘΟΛΟΜΑΙΟΣ  
ΕΛΕΩΝ ΘΕΟΥ ΑΡΧΙΕΠΙΣΚΟΠΟΣ  
ΚΩΝΣΤΑΝΤΙΝΟΥΠΟΛΕΩΣ - ΝΕΑΣ ΡΩΜΗΣ  
ΚΑΙ ΟΙΚΟΥΜΕΝΙΚΟΣ ΠΑΤΡΙΑΡΧΗΣ  
ΠΑΝΤΙ ΤΩΝ ΠΛΗΡΩΜΑΤΙ ΤΗΣ ΕΚΚΛΗΣΙΑΣ ΧΑΡΙΝ, ΕΙΡΗΝΗΝ ΚΑΙ ΕΛΕΟΣ  
ΠΑΡΑ ΤΟΥ ΕΝΔΟΞΩΣ ΑΝΑΣΤΑΝΤΟΣ ΧΡΙΣΤΟΥ

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Προσφιλέστατοι ἀδελφοί Ιεράρχαι καὶ τέκνα ἐν Κυρίῳ ἀγαπητά,

Φθάσαντες τό Άγιον Πάσχα καὶ γινόμενοι κοινωνοί τῆς χαρᾶς τῆς Αναστάσεως, ὑμνοῦμεν τὸν πατήσαντα θανάτῳ τὸν θάνατον Κύριον τῆς δόξης, τὸν συναντήσαντα μεθ' ἑαυτοῦ παγγενῆ τὸν Αδάμ καὶ ἀνοίξαντα πᾶσιν ἡμῖν παραδείσου τάς πύλας.

Ἡ λαμπροφόρος Ἔγερσις τοῦ Χριστοῦ εἶναι ἡ διαβεβαίωσις ὅτι κυρίαρχος εἰς τὴν ζωὴν τοῦ κόσμου δέν εἶναι ὁ θάνατος, ἀλλὰ ὁ καταργήσας τὸ κράτος τοῦ θανάτου Σωτήρ, ὁ γνωριζόμενος τὸ πρότερον ὡς ἀσαρκος Λόγος, ὕστερον δέ ὡς ὁ δι' ἡμᾶς, φιλανθρωπίας ἔνεκεν, σεσαρκωμένος, νεκρωθείς δέ ὡς ἀνθρωπος καὶ ἀναστάς κατ' ἔξουσίαν ὡς Θεός, ὡς ὁ πάλιν Ἐρχόμενος μετά δόξης πρός πλήρωσιν τῆς Θείας Οἰκονομίας.

Τό μυστήριον καὶ τό βίωμα τῆς Αναστάσεως ἀποτελεῖ τὸν πυρῆνα τῆς ἐκκλησιαστικῆς ζωῆς. Ἡ ὄλόφωτος λατρεία, τά ίερά μυστήρια, ἡ ζωή τῆς προσευχῆς, ἡ νηστεία καὶ ἡ ἀσκησις, ἡ ποιμαντική διακονία καὶ ἡ καλή μαρτυρία ἐν τῷ κόσμῳ, ὅλα ἀναδίδουν τό ἀρωμα τῆς Πασχαλίου εὐφροσύνης. Ἡ ζωή τῶν πιστῶν ἐν Ἐκκλησίᾳ εἶναι καθημερινόν Πάσχα, εἶναι «ἄνωθεν χαρά», ἡ «χαρά τῆς σωτηρίας», ἀλλά καὶ «ἡ σωτηρία ὡς χαρά»<sup>1</sup>.

Οὕτω, αἱ ἀκολουθίαι τῆς Αγίας καὶ Μεγάλης Ἐβδομάδος δέν εἶναι καταθλιπτικαί, ἀλλά πλήρεις τῆς νικητηρίου δυνάμεως τῆς Αναστάσεως. Εἰς αὐτάς ἀποκαλύπτεται ὅτι ὁ Σταυρός δέν ἔχει τὸν τελευταῖον λόγον εἰς τὸ σχέδιον τῆς σωτηρίας τοῦ ἀνθρώπου καὶ τοῦ κόσμου. Αὐτό προαναγγέλλεται ἥδη κατά τὸ Σάββατον τοῦ Λαζάρου. Ἡ ἐκ νεκρῶν ἔγερσις τοῦ ἐπιστηθίου φίλου τοῦ Χριστοῦ εἶναι προτύπωσις τῆς «κοινῆς ἀναστάσεως». Τό «Σήμερον κρεμάται ἐπί ξύλου» κορυφοῦται μὲ τὴν ἐπίκλησιν «Δεῖξον ἡμῖν καὶ τήν ἔνδοξόν Σου Ανάστασιν». Ἐνώπιον τοῦ Ἐπιταφίου ψάλλομεν τό «Μεγαλύνω τά Πάθη σου, ὑμνολογῶ καὶ τήν Ταφήν Σου, σύν τῇ Αναστάσει». Καί, γεγονυίᾳ τῇ φωνῇ, διακηρύσσομεν εἰς τήν Πασχάλιον

<sup>1</sup> π. Ἀλεξάνδρου Σμέμαν, *Ημερολόγιον*, ἐκδ. Ακρίτας Αθήνα 2003, σ. 223.

ἀκολουθίαν τό ἀληθές νόημα τοῦ Σταυροῦ: «Ἴδού γάρ ἥλθε διά τοῦ Σταυροῦ χαρά ἐν ὅλω τῷ κόσμῳ».

Ἡ «κλητή καὶ ἀγία ἡμέρα» τοῦ Πάσχα εἶναι ἡ ἀνατολή τῆς «όγδοης ἡμέρας», ἡ ἀπαρχή τῆς «καινῆς κτίσεως», ἡ βίωσις τῆς ἴδικῆς μας ἀναστάσεως, τό μέγα «θαῦμα τῆς ἐμῆς σωτηρίας»<sup>2</sup>. Εἶναι ἡ βιωματική βεβαιότης ὅτι ὁ Κύριος ἔπαθε καὶ ἤχθη εἰς θάνατον δι' ἡμᾶς καὶ ἀνέστη δι' ἡμᾶς «προοικονομῶν ἡμῖν τὴν εἰς ἀπείρους αἰώνας ἀνάστασιν»<sup>3</sup>. Καθ' ὅλην τήν Πασχάλιον περίοδον ὑμνολογεῖται μέ ἀπαράμιλλον ποιητικότητα τό ἀνθρωπολογικόν νόημα τῆς λαμπροφόρου Ἀναστάσεως τοῦ Χριστοῦ, ἡ διάβασις τοῦ ἀνθρώπου ἀπό τῆς δουλείας εἰς τήν ἀληθῆ ἐλευθερίαν, «ἡ ἐκ τῶν κάτω πρός τά ἄνω καὶ τήν γῆν τῆς ἐπαγγελίας πρόοδος καὶ ἀνάβασις»<sup>4</sup>. Αὐτή ἡ σωτηριώδης ἐν Χριστῷ ἀνακαίνισις ἐνεργεῖται ἐν τῇ Ἐκκλησίᾳ ὡς δυναμική προέκτασις τοῦ ἥθους τῆς Εὐχαριστίας ἐν τῷ κόσμῳ, ὡς «ἀληθεύειν ἐν ἀγάπῃ», ὡς συνέργεια μετά τοῦ Θεοῦ διά τήν μεταμόρφωσιν τοῦ κόσμου, διά νά καταστῇ οὗτος εἰκὼν τῆς πληρότητος τῆς τελικῆς ἐπιφανείας τῆς θείας ἀγάπης ἐν τῇ Βασιλείᾳ τῶν Ἐσχάτων. Ζῆν ἐν Χριστῷ ἀναστάντι σημαίνει ἐξαγγέλλειν τό Εὐαγγέλιον «ἔως ἐσχάτου τῆς γῆς», κατά τό ὑπόδειγμα τῶν Αποστόλων, εἶναι ἔμπρακτος μαρτυρία περὶ τῆς ἐλθούσης χάριτος καὶ τῆς προσδοκίας τῆς «καινῆς κτίσεως», ὅπου «ὁ θάνατος οὐκ ἔσται ἔτι, οὔτε πένθος οὔτε κραυγὴ οὔτε πόνος οὐκ ἔσται ἔτι»<sup>5</sup>.

Ἡ πίστις εἰς τήν Ἀνάστασιν τοῦ Χριστοῦ καὶ εἰς τήν ἴδικήν μας συνανάστασιν δέν ἀρνεῖται τήν ἐπώδυνον παρουσίαν τοῦ θανάτου, τοῦ πόνου καὶ τοῦ σταυροῦ εἰς τήν ζωήν τοῦ κόσμου. Δέν ἀπωθοῦμεν τήν σκληράν πραγματικότητα, οὔτε ἐξασφαλίζομεν εἰς τόν ἔαυτόν μας, διά τῆς πίστεως, ψυχολογικήν κάλυψιν ἀπέναντι εἰς τόν θάνατον. Γνωρίζομεν ὅμως ὅτι ὁ παρών βίος δέν εἶναι ὄλοκληρος ἡ ζωή, ὅτι ἐδῶ εἴμεθα «օδῖται»· ὅτι ἀνήκομεν εἰς τόν Χριστόν καὶ ὅτι πορευόμεθα πρός τήν αἰώνιον Αὐτοῦ Βασιλείαν. Ἡ παρουσία τοῦ πόνου καὶ τοῦ θανάτου, ὅσον ἀπτή καὶ ἄν εἶναι, δέν ἀποτελεῖ τήν ἐσχάτην πραγματικότητα. Αὐτή εἶναι ἡ ὁριστική κατάργησις τοῦ θανάτου. Εἰς τήν Βασιλείαν τοῦ Θεοῦ δέν ὑπάρχει πόνος καὶ θάνατος, ἀλλά ἀτελεύτητος ζωή. «Πρό τοῦ Τιμίου Σταυροῦ Σου», ψάλλομεν, «φοιβερός ὁ θάνατος τοῖς ἀνθρώποις· μετά τό ἔνδοξον πάθος, φοιβερός ὁ ἀνθρωπός τῷ θανάτῳ»<sup>6</sup>. Ἡ πίστις εἰς Χριστόν δίδει δύναμιν, καρτερίαν καὶ ὑπομονήν διά νά ἀντέχωμεν τάς δοκιμασίας. Ὁ Χριστός εἶναι «ὁ πᾶσαν νόσον ιώμενος καὶ ἐκ τοῦ θανάτου λυτρούμενος». Εἶναι ὁ παθών δι' ἡμᾶς, ὁ ἀποκαλύψας τοῖς ἀνθρώποις ὅτι ὁ Θεός εἶναι ὁ «ἀεί ύπερ ἡμῶν», ὅτι εἰς τήν Ἀλήθειαν τοῦ Θεοῦ ἀνήκει οὐσιαδῶς ἡ φιλανθρωπία Του. Αὐτή ἡ εὐκταία φωνή τῆς θείας ἀγάπης ἀντηχεῖ εἰς τό «θάρσει, τέκνον» τοῦ Χριστοῦ πρός τόν παραλυτικόν καὶ τό «θάρσει, θύγατερ»<sup>7</sup> πρός τήν αἵμορροοῦσαν, εἰς τό «θάρσεῖτε, ἐγώ νενίκηκα τόν κόσμον»<sup>8</sup> πρό τοῦ Πάθους καὶ εἰς

<sup>2</sup> Γρηγορίου τοῦ Θεολόγου, *Εἰς τό ἄγιον Πάσχα*, PG 36, στ. 664.

<sup>3</sup> Γρηγορίου Παλαμᾶ, *Εἰς τήν Ανάληψιν*, PG 151, στ. 277.

<sup>4</sup> Γρηγορίου Θεολόγου, ὁ.π., στ. 636.

<sup>5</sup> Ἀποκ. κα', 4.

<sup>6</sup> Δοξαστικόν Ἐσπερινοῦ κζ' Σεπτεμβρίου.

<sup>7</sup> Ματθ. θ', 2 καὶ 22.

<sup>8</sup> Ἰωάν. ιστ', 33.

τό «θάρσει, Παῦλε»<sup>9</sup> πρός τόν ἐν φυλακῇ καὶ ἀπειλῇ θανάτου Ἀπόστολον τῶν Ἐθνῶν.

Ἡ σοβιοῦσα πανδημίᾳ τοῦ νέου κορωνοϊοῦ ἀπέδειξε πόσον εὔθραστος εἶναι ὁ ἄνθρωπος, πόσον εὐκόλως τόν κυριεύει ὁ φόβος καὶ ἡ ἀπόγνωσις, πόσον ἀδύναμοι ἀποδεικνύονται αἱ γνώσεις καὶ ἡ αὐτοπεποίθησίς του, πόσον ἔωλος εἶναι ἡ ἀποψίς ὅτι ὁ θάνατος ἀποτελεῖ ἐν γεγονός εἰς τό τέλος τῆς ζωῆς καὶ ὅτι ἡ λήθη ἡ ἡ ἀπώθησις τοῦ θανάτου εἶναι ἡ ὀρθή ἀντιμετώπισίς του. Αἱ ὁριακαὶ καταστάσεις ἀποδεικνύουν ὅτι ὁ ἄνθρωπος εἶναι ἀνίκανος νά διαχειρισθῇ σθεναρῶς τήν ὑπαρξίν του, ὅταν πιστεύῃ ὅτι ὁ θάνατος εἶναι ἡ ἀνίκητος πραγματικότης καὶ τό ἀνυπέρβλητον ὅριον. Εἶναι δύσκολον νά παραμείνωμεν ἀνθρώπινοι ἀνευ τῆς ἐλπίδος τῆς αἰωνιότητος. Αὐτή ἡ ἐλπίς ζῆ εἰς τήν καρδίαν ὅλων τῶν ιατρῶν, τῶν νοσηλευτῶν, τῶν ἐθελοντῶν, τῶν δωρητῶν καὶ ὅλων τῶν γενναιοφρόνως συμπαρισταμένων εἰς τούς πάσχοντας ἀδελφούς, μέ θυσιαστικόν πνεῦμα, αὐτοπροσφοράν καὶ ἀγάπην. Μέσα εἰς τήν ἀνείπωτον κρίσιν, αὐτοί εὐώδιάζουν ἀνάστασιν καὶ ἐλπίδα. Εἶναι οἱ «Καλοί Σαμαρεῖται», οἱ ἐπιχέοντες, μέ κίνδυνον τῆς ζωῆς των, ἔλαιον καὶ οἶνον ἐπί τάς πληγάς, εἶναι οἱ σύγχρονοι «Κυρηναῖοι» εἰς τόν Γολγοθᾶν τῶν ἐν ἀσθενείαις κατακειμένων.

Μέ αὐτάς τάς σκέψεις, τιμιώτατοι ἀδελφοί καὶ προσφιλέστατα τέκνα ἐν Κυρίῳ, διοξάζομεν τό ὑπέρ πᾶν ὄνομα τοῦ Ἀναστάντος Κυρίου, τοῦ πηγάζοντος ζωὴν ἐξ οὐκείου φωτός καὶ φαιδρύνοντος τῷ φωτί τῆς Ἀναστάσεως τά σύμπαντα, δεόμενοι Αὐτοῦ, τοῦ ιατροῦ τῶν ψυχῶν καὶ τῶν σωμάτων, τοῦ παρέχοντος ζωὴν καὶ ἀνάστασιν, ὅπως συγκαταβαίνων, ἐν τῇ ἀφάτῳ Αὐτοῦ φιλανθρωπίᾳ, τῷ γένει τῶν ἀνθρώπων, χαρίζηται ἡμῖν τό πολύτιμον δῶρον τῆς ὑγείας καὶ κατευθύνη τά διαβήματα ἡμῶν εἰς ὁδούς εὐθείας, διά νά καταξιωθῇ ἡ θεοδώρητος ἐλευθερία ἡμῶν ἐν τῷ κόσμῳ, προτυποῦσα τήν τελείωσιν αὐτῆς ἐν τῇ ἐπουρανίῳ Βασιλείᾳ τοῦ Πατρός καὶ τοῦ Γίοῦ καὶ τοῦ Αγίου Πνεύματος.

Χριστός Ανέστη!

Φανάριον, Ἅγιον Πάσχα, βκ'

† Ό Κωνσταντινούπόλεως

διάπνυος πρός Χριστόν Ἀναστάντα  
εὐχέτης πάντων ὑμῶν.

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Ἀναγνωσθήτω ἐπ' ἐκκλησίας κατά τήν Θείαν Λειτουργίαν τῆς ἑορτῆς τοῦ Αγίου Πάσχα,  
μετά τό Ιερόν Εὐαγγέλιον.

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<sup>9</sup> Πράξ. κγ', 11.